

# SOUTH SHORE COMMUNITY CENTER

3 North Main Street, PO Box 631 Cohasset, MA 02025  
781-383-0088 southshorecommunitycenter.org



## Fall Registration 2017-2018

**Welcome Back! We have an exciting year planned to include the following SPECIAL EVENTS:**

**SSCC Gymnastic Annual Halloween Meet ~ October 28th, Time TBA**

**Jingle Bell Walk ~ November 24th at 2pm.**

Please be sure to join us as we celebrate a very special Cohasset tradition. Santa, Mrs. Claus & friends arrive by boat at Cohasset Harbor. Once embarked, they will travel by horse-drawn wagon, escorted by the Cohasset Fire Department and all the revelers to the SSCC where everyone is invited to enjoy cookies, hot chocolate, punch & coffee in the gym. The Rusty Skippers play holiday music and there will be Open Bowling as well as Santa, Village for youngsters to create a craft to bring home. Santa will also be available for families to take a holiday photo.

The SSCC would like to thank the South Shore Playhouse Associates, Inc., for their generous contribution to the Center. We could not move forward without their annual support.

### SSCC MEMBERSHIP INFORMATION POLICIES

MEMBERSHIP: SEPT. 2017 TO SEPT. 2018

MEMBERSHIP FEES:

Corporate \$150 / Family \$50

Individual \$40 / Senior \$15

*All classes must be pre-registered and payment is due at the time of registration. To register call the SSCC Office at 781-383-0088 Monday-Thursday from 9am-2pm and Fridays 9-11am or register online at [www.southshorecommunitycenter.com](http://www.southshorecommunitycenter.com). FULL REFUNDS are given for the courses that are cancelled by the Center due to lack of enrollment or instructor conflicts.*

*Cancellation decisions will be made 2-3 days prior to the start of class. Food costs (Adult or Child) are included in ALL cooking classes therefore NO REFUNDS will be made. Classes will be cancelled when the Cohasset Public Schools are closed due to weather. Updates regarding class cancellations due to weather will be available online or via our answering machine at 781-383-0088. There will be NO REFUNDS for classes missed due to inclement weather. Make-up classes will be offered if at all possible at the discretion of the Center*

*\*Please excuse any typographical errors in this brochure and on the SSCC website.*

## Nursery School Special Dates

- |             |  |
|-------------|--|
| Sept. 11    | Parent orientation at nursery school   |
| Sept. 12    | Nursery School orientation with an interactive presentation by the New England Aquarium & Easton Children's Museum |
| Oct. 22     | Halloween Fair on Cohasset Commons 2-4PM   |
| March 18    | Art Show in gymnasium from 2-4PM   |
| April 26    | Special Person Day   |
| April 27    | Special Person Day   |
| May 29 & 30 | Closing Ceremonies   |

# Adult Education Classes

## **Cooking** with Maryann Boothroyd

Chef & owner of Hola Restaurant in Marshfield, Maryann teaches all classes in the newly renovated kitchen at the SSCC. This redesigned space allows for bigger classes and a level of cooking from master chef to home chef. Enjoy a complimentary glass of wine appropriate to the menu.

### **FALL FLAVORS**

Tuesday Oct. 3rd  
Price: \$60 per class  
6:30-8:30 PM.

Barley & butternut squash salad/w fresh spinach, beef tenderloin, truffle oil & white balsamic vinegar. Pan seared, "double", salmon (fresh & smoked) on beet puree w/chive butter & orange gremolata.

### **HOLIDAY IDEAS**

Tuesday Nov. 14th  
Price: \$60 per class  
6:30-8:30 PM.

Spiced grapes, toasted goat cheese, sesame & Spanish crackers. Escalivida (smokey eggplant-onion-roasted red pepper-tomato compote) with shrimp. Roasted Brussel sprouts & whole shallots w/bacon lardons, dried cranberries & mustard seed aioli.



## **Getting Ready for the Golden Years** with Lisa Dooley

Join professional organizer, Lisa Dooley on Tuesday, September 26th from 9:30-10:30am for a discussion, Getting Ready for the Golden Years: Downsize your Stuff Now! Are you or someone you love thinking about downsizing? This can be an overwhelming & stressful event-learn some strategies to make the process more manageable. The Golden Years should be about enjoying your time, not being weighed down by stuff. Bring your questions & concerns. Professional Organizer Lisa Dooley is a member of NAPO, National Association of Professional Organizers. You must pre-register for this seminar. **\$30 per person.**

## **CPR & First Aid** with George Doucette

George is a firefighter/paramedic for the Norwell Fire Department and a paramedic at Brewster Ambulance Service. The classes will be using the American Heart Association heart saver CPR/AED which covers adult, child & infant CPR, choking & AED use. Each participant will receive a CPR certification card upon completion of class.

### **CPR**

with George Doucette  
Sat. 9am - 11am \$50M • \$55 NON  
Oct 14 • Jan 13

### **CPR & First Aid**

Those needing First Aid stay an additional hour to complete requirements.

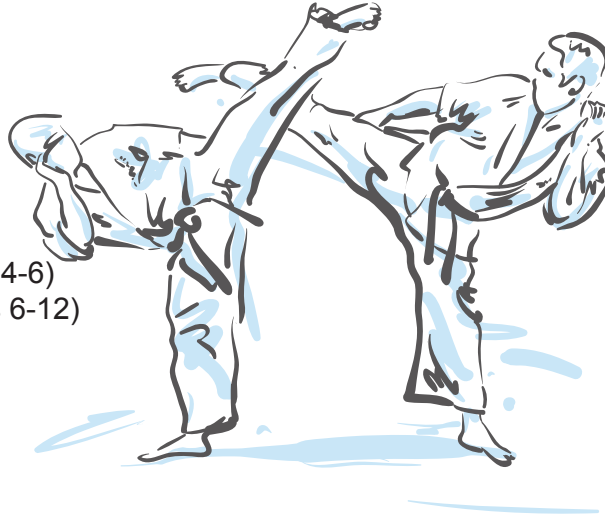
Sat. 9am - Noon. \$70M • \$75 NON  
Oct 14 • Jan 13

# KID CLASSES

## Karate

with Fred Channell

Fred has over 30 years of experience teaching Karate. The objective of UechiRyu Karate is to develop the child's physical capabilities to their greatest potential, exert the utmost degree of control over emotions & apply these skills toward positive pursuits and mental well-being.



### Session I

Starts week of Sept 14  
(18 Weeks)

\$234 M • \$252 NON

Thurs. 4:15-5:00 (Ages 4-6)

Thurs. 5:00-6:00 (Ages 6-12)

### Session II

Starts Feb 1  
(18 Weeks)

\$234 M • \$252 NON

Thurs. 4:15-5:00 pm (Ages 4-6)

Thurs. 5:00-6:00 (Ages 6-12)

## MOM'S MORNING OUT

Need time for holiday shopping? Each day involves free play, crafts, story time & outdoor play.

Dec. 20, 21, 22 • 9 am to 1pm • Ages 3-5 • \$50 per day

Bring a Peanut Free snack & lunch.

## Pumpnickel Puppets

with John McDonough

For over 35 years the Pumpnickel Puppets have captivated audiences of all ages. John & his puppets have had the honor of appearing at The Smithsonian Institution, Washington D.C., The Center for Puppetry Arts, Atlanta, GA & the prestigious International Festival of Puppetry sponsored by the Jim Henson Foundation in New York.

Fri. Jan 19 10-10:45 am

Thurs. Jan 25 1:30-2:15 pm

(Ages 3-5) \$5 per person at door

## BIRTHDAY PARTIES

with Gymnastics Director, Ruthann Ardizzoni

The cost for all parties is \$195 for up to 15 children. Each additional child is \$10. A \$100 non-refundable deposit is required to secure a party spot. Sorry no verbal commitments are accepted. The children play for 1 hour on the gym equipment and/or bowling alley followed by 30 minutes in the Party Room for cake and ice cream. Parents provide the food and products

### Gymnastics or Sports & Bowling Parties

Friday 5:30-7pm  
Saturday or Sunday 10:30,  
12:30 or 2:30



### Gym Dandy Parties for ages 1-5

Friday 5:30-7pm  
Saturday or Sunday  
10:30, 12:30 or 2:30

Birthday Parties at the SSCCI

For that Special Event, Weddings, Bridal and Baby Showers, Graduation Parties and Holiday Family Festivities the gymnasium and conference rooms are available for rent.

**Gymnasium**  
Saturday or Sunday  
\$500

**Bowling Alley Rentals**  
\$10 per person per hour  
\$50 Security Deposit  
\$25 per hour per attendant  
**\$60 for additional use of  
Sunshine Room**

**Conference Room**  
Mon-Fri \$125  
Sat or Sun \$175

All room rentals include tables and chairs.  
Please call the main office at 781-383-0088 to reserve space

# Gym Dandy with Ruthann Ardizzoni

Tuesdays and Wednesdays only

Gym Dandy is a unique program designed to teach preschool children gross motor skills, hand-eye coordination, body awareness, flexibility, balance and rhythm. Creative music makes teaching enjoyable and learning fun. Children learn through play. The tot-size equipment provides a safe and creative environment for children and their parents to have fun. Each class is 45 minutes long and classes are held in the SSCC Gymnasium. Group activities take place at the beginning and end of each class.

Children must be accompanied by adult. Missed classes may be made up within the current session.

**Sibling Discount:** ½ off Member or Non/Member price.

## COME PLAY

Crawling to 4+

Drop in with your child & explore Gym Dandy tot-size equipment with Ruthann Ardizzoni. \$10 at the door. Each additional sibling \$5. Oct 20, Nov 17, Dec 15, Jan 26, Feb. 9, Mar. 16 Apr. 6, May 18, June 8, 10-11am.

## CIRCUS, CIRUCS

with Gymnastics Director, Ruthann Ardizzoni

Join Ruthann and staff for 3 days of fun on June 18th, 19th and 20th, 2018. Children will participate in crafts & activities “circus” related. For boys and girls ages 3-6. 10-1pm. Children must bring a Peanut/Shellfish Free lunch, snack & drink. \$144M / \$153 NON

### TODDLERS & TUMBLERS

Ages WALKING to 2 1/2 yrs

### CLIMBERS & JUMPERS

Ages 28 months to 3 yrs

#### Session I:

Tue Sept 19 (11 weeks)  
\$176 M / \$187 NON  
Wed Sept 20 (10 weeks)  
\$160M / \$170NON

#### Session II:

Tue Dec. 5 (12 weeks)  
\$192 M / \$204 NON  
Wed Dec. 6 (11 Weeks)  
\$176M /\$187NON

#### Session III:

Tue Mar. 13 (13 weeks)  
\$208 M / \$221 NON  
Wed Mar 14 (14 Weeks)  
\$224 M / \$258 NON

### Tuesdays and Wednesdays

Toddlers & Tumblers	9-9:45
Climbers & Jumpers	9:45-10:30
Toddlers & Tumblers	10:30-11:15

*No Classes Wed. 11/22, 12/20-1/1, 2/19-2/23, 4/16-4/20*

# Celebrating our 40th year!!

Ruthann Ardizzoni is a Member of the following organizations ~ USA Gymnastics~Gymnastic Judges Association~Baystate Games ~ CHS Varsity Team 1985-1999 ~ CHMS 2001-2004-2005 ~ HHS Varsity Team 2002-2003 ~ CO/NOR Varsity 2009-2014 ~ Derby Summer Arts 1989-Present **Certifications:** Skill Evaluator ~ Safety Certified ~ CPR/First Aid ~ Meet Director & Fundamentals of Gymnastics ~ Volunteer 2013 American Cup, 2014 Senior Nationals Florida.

## Session I

Monday	Sept. 18 (10 weeks) \$160M/170NON
Tuesday	Sept. 19 (11 weeks) \$176M/\$187 NON
Wednesday	Sept. 20 (10 weeks) \$160M/170 NON
Thursday	Sept. 21 (10 weeks) \$160M/170 NON
Friday	Sept. 22 (9 weeks) \$144M/\$153 NON

Gym, Sports, Games & More w/ Lunch (11:30-1PM)

Monday \$200 M • \$210 NON

Friday \$180 M • \$190 NON

## Session II

Monday	Dec. 4 (10 weeks) \$160M/\$170 NON
Tuesday	Dec. 5 (12 weeks) \$196M/\$204 NON
Wednesday	Dec. 6 (11 weeks) \$176M/\$187 NON
Thursday	Dec. 7 (11 weeks) \$176M/\$187 NON
Friday	Dec. 8 (11 weeks) \$176M/\$187 NON

Gym, Sports, Games & More w/Lunch (11:30-1PM)

Monday \$200 M • \$210 NON

Friday \$220 M • \$231 NON

## Session III Preschool & All Morning & 3PM classes

Monday	Mar. 12 (9 weeks) \$144M/\$153 NON
Tuesday	Mar. 13 (10 weeks) \$160M/\$170 NON
Wednesday	Mar. 14 (10 weeks) \$160M/\$170 NON
Thursday	Mar. 15 (10 weeks) \$160M/\$170 NON
Friday	Mar. 16 (9 weeks) \$144M/\$153 NON

*NO CLASS Monday March 19, 2018*

Gym, Sports, Games & More w/Lunch (11:30-1PM)

Monday \$220M/\$231 NON

Friday \$180M/\$190NM

## Session III 4PM Classes & Later

Monday	Mar. 12 (11 weeks) \$176M/\$187NON
Wednesday	Mar. 14 (13 weeks) \$208M/\$221NON
Thursday	Mar. 15 (12 weeks) \$196M/\$204NON

## \*\*NEW CLASS: 1/2 GYM 1/2 SPORTS

4 weeks Sept. 22 to Oct. 13 Boys 6-9

Friday 4-5:00 PM \$64 M/ \$68 NON

## PROGRAM

The program consists of warm-ups, rotations on the beam, uneven bars, vault, floor exercises and conditioning. Class size is small & enrollment is limited.

ALL GYMNASTS MUST BE 3 YEARS OLD AND POTTY TRAINED BY SEPTEMBER 18TH, 2017. (NO PULL-UPS)

Registration is not complete until payment in full is received. (Visa, Master Card, Discover, AMEX, Check or Cash taken) Snow Cancellations for classes held before 3PM will follow Cohasset Public Schools. For classes after 3PM, please call the SSCC Main Office & check the status at that time.

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All Instructors are Certified in CPR & First Aid

## MISSION STATEMENT

To encourage participation in gymnastics/sports by providing a safe and positive environment where children can succeed and have fun in the process.

**NO CLASSES: November 22 - November 24, December 20-January 2 & February/April School Vacation**

# SSCC Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Little Dippers Boys & Girls Ages 24 mos -3yrs 9:15-11:15am***	Toddlers & Tumblers 9-9:45am	Toddlers & Tumblers 9-9:45am	Little Dippers Boys & Girls Ages 24 mos-3yrs 9:15-11:15am***	
	Climbers & Jumpers 9:45-10:30am	Climbers & Jumpers 9:45-10:30		
	Toddlers & Tumblers 10:30-11:15am	Toddlers & Tumblers 10:30-11:15am		
Gymnastics, Sports Games & More with Lunch Boys & Girls 3-5 11:30-1pm				Gymnastics, Sports Games & More with Lunch Boys & Girls 3-5 11:30-1pm
Sports For Kids Boys & Girls 3-5 1-1:45pm				
	Gym Explores Boys & Girls 3-5 3-3:45pm	Sports for Kids Boys & Girls 3-5 3-3:45pm	Sports for Kids Boy & Girls 3-5 3-3:45pm	
Beginner / Intermediate Girls 5-7 4-5pm	TEAM	Beginner / Intermediate Girls 4-6 4-5pm	Beginner / Intermediate Girls 4-6 4-5pm	<b>**NEW CLASS: 1/2 GYM 1/2 SPORTS</b> Boys 6-9 4-5pm 4 Weeks (Sept. 22-Oct. 13)
Beginner / Intermediate Girls 7-11 5-6pm	TEAM	TEAM	TEAM	Beginner / Intermediate Girls 7-11 5-6pm 4 Weeks (Sept. 22-Oct. 13)
OPEN WORKOUT All Level Girls 10-16 Drop in/\$10 at door 6-7pm (TBA by email blast)	TEAM	TEAM	TEAM	

\*\*\* The SSCC is offering a "Little Dippers" program on Monday & Thursday from 9:15-11:15am. This program is suitable for boys & girls ages 24 months to 3 years of age. For more information, please call the main office at 781-383-0088.

VACATION WEEK FUN! GYMNASTICS / SPORTS & MORE FOR BOYS AND GIRLS. Ages 4-10 with Ruthann Ardizzoni & staff. 10-1pm. Enjoy a fun filled day of Gymnastics, sports, bowling, etc. Sibling Discount ½ off Member or Non/Member price.

DECEMBER 27, 28, 29 / February 21, 22, 23 / April 18, 19, 20 ALL SESSIONS: \$117M / \$126Non

Bring a lunch & snack. Peanut & Seafood Free.

TEAMS: For more information about Teams, please contact Ruthann Ardizzoni at 781-383-0088, ext 306.

## The SSCC is proud to announce the addition of the following programs from the South Shore Conservatory:

### **Music Together**

This class is for children ages zero to four with a caregiver. Children will often sing before they speak because music is a universal language that has the power to bring families & communities together in harmony. Come create a joyful musical environment through song, dance & rhythmic play & make playful connections to last a lifetime! Adults, regardless of musical ability, find it fun & easy to help create an environment that supports any child in achieving basic music competence. Children of mixed ages participate at their own level by singing, moving, listening & exploring instruments.

### **Music Sprouts**

This class is for children ages three to five with a caretaker. Students build a strong foundation of basic music skills in this fun, interactive class. Through movement, singing, playing instruments & listening, students develop the ability to sing tunefully with accurate rhythm while also learning to focus, take turns & interact in a classroom setting. This is a wonderful prep class for drop off classes as well as preschool & Suzuki instruction. For more information about these classes or to register please call 781-749-7565 or visit [www.sscmusic.org/classes\\_age\\_0-9.html](http://www.sscmusic.org/classes_age_0-9.html)

### **Creative Dance Center with Becky Ford**

Becky Ford established Creative Dance Center in 1999. She is a former professional dancer with the Peninsula Ballet Theatre of San Mateo, CA under the direction of Anne Bena, Rosine Bena & Sam Weber. She performed in various ballets like Giselle, Swan Lake, Cinderella & The Nutcracker. She took part in the documentary A Life of Dancing, by Stewart Cheifet. Becky has also studied with Antonio Mendes of Theatre Ballet of San Francisco & Roberta Pheil, former professional dancer with the San Francisco Ballet. For information on classes please call 781-454-6724 and or visit [www.creativedancecenter.net](http://www.creativedancecenter.net).

### **The Wood's School of Irish Dance**

with Roseann Woods McKenna & her sister Peggy Woods Doherty.

The Wood's School is a very friendly & supportive atmosphere & offers students the opportunity to participate both individually & as a part of a team. We want children to dance for the love of dance, to smile & to have fun. Irish Dancing is a great sport. It builds strength, coordination & confidence. Every student decides what he/she wants from Irish Dancing whether it is a highly competitive sport or an activity that promotes physical fitness & friendship. We, as teachers, want to share our knowledge & love of Irish Dance with our parents & student & encourage them to work hard & have fun. For more information on class days & times or to register please call Rose at 617-268-0882 or by email at: [woodsschool@comcast.net](mailto:woodsschool@comcast.net).