

SOUTH SHORE COMMUNITY CENTER

3 North Main Street, PO Box 631 Cohasset, MA 02025
southshorecommunitycenter.com
781-383-0088 FAX 781-383-0939



Fall Registration 2019-2020

Welcome Back! We have an exciting year planned to include the following SPECIAL EVENTS:

SSCC Gymnastic Annual Halloween Meet ~ October 26th, 10am Warm-up / 11am start.

Jingle Bell Walk ~ November 29th at 2pm.

Please join us as we celebrate a very special Cohasset tradition. Santa, Mrs. Claus & friends arrive in Cohasset Harbor by boat. They will then travel by horse-drawn wagon, escorted by the Cohasset Fire Department and the community to the SSCC to enjoy cookies, hot chocolate, punch & coffee in the gym. The Rusty Skippers play holiday music and there will be open bowling as well as Santa's Village for kids to create a holiday craft. Santa will also be available for holiday photos.

The SSCC would like to thank the South Shore Playhouse Associates, Inc., for their generous contribution to the Center. We could not move forward without their annual support.

SSCC MEMBERSHIP INFORMATION POLICIES

MEMBERSHIP: SEPT. 2019 TO SEPT. 2020

MEMBERSHIP FEES:

Corporate \$150 / Family \$50

Individual \$40 / Senior \$15

All classes must be pre-registered and payment is due at the time of registration. To register call the SSCC Office at 781-383-0088 Monday-Thursday from 9am-2pm and Fridays 9-11am or register online at southshorecommunitycenter.com. FULL REFUNDS are given for the courses that are cancelled by the Center due to lack of enrollment or instructor conflicts.

Cancellation decisions will be made 2-3 days prior to the start of class. Food costs (Adult or Child) are included in ALL cooking classes therefore NO REFUNDS will be made. Classes will be cancelled when the Cohasset Public Schools are closed due to weather. Updates regarding class cancellations due to weather will be available online or via our answering machine at 781-383-0088. There will be NO REFUNDS for classes missed due to inclement weather. Make-up classes will be offered if at all possible at the discretion of the Center.

**Please excuse any typographical errors in this brochure and on the SSCC website.*

Nursery School Special Dates

Sept. 9	Student and Family Nursery School Orientation 9 am - 12 pm
Sept. 9	Parent Nursery School Orientation 7 pm
Oct. 20	Halloween Fair Cohasset Common 2-4 pm
March 29	Art Show in gymnasium 2-4 pm
April 30	Special Person Day
May 1	Special Person Day
May 27 & 28	Closing Ceremonies

Adult Education Classes

Cooking

with Maryann Boothroyd

Chef Maryann teaches all classes in the newly renovated kitchen at the SSCC. This redesigned space allows for bigger classes and a level of cooking from master chef to home chef. Enjoy a complimentary glass of wine appropriate to the menu.

LUNCH IN BARCELONA

Tuesday Sept. 24

Price: \$60 per class

6:30-8:30pm

Tomato/garlic bread... dates, oranges and blue cheese...seafood paella with saffron-shrimp, clams, calamari and almond olive oil cake!

FALL FOODS

Tuesday Oct. 22

Price: \$60 per class

6:30-8:30pm

Roasted mushroom salad with acorn squash polenta croutons, pork tenderloin with fried sage leaves and red wine butter sauce.

HOLIDAY SIDES & APPS

Monday Nov. 4

Price: \$60 per class

6:30-8:30pm

Roasted cauliflower with cream, rosemary, bacon and toasted pine nut crust. Spinach, shaved cabbage and radish salad with cranberries, goat cheese and pomegranate vinaigrette! Charred rare chilled sirloin skewers with arugula and truffle-honey aioli.

Slow Flow Evening Yoga

with Serena Finocchio

Great for anyone new to yoga or practices regularly. This slow flow yoga class includes restorative poses and breathing techniques.

Session I (6 weeks)

Tuesdays starting Sept. 10 • 6:30 pm

\$90M • \$100 NON

Photography

with Jeremy Clegg

The course covers: The art, science and mechanics of taking photos. A camera with manual controls is helpful but not mandatory.

Session I (4 weeks)

Saturdays starting Sept. 14 • 10 am-12 pm

\$180M • \$195 NON

CPR & First Aid with George Doucette

George is a firefighter/paramedic for the Norwell Fire Department and a paramedic at Brewster Ambulance Service. The classes will be using the American Safety Health Administration CPR/AED which covers adult, child & infant CPR, choking & AED use. Each participant will receive a CPR certification card upon completion of class.

CPR

Sat. 9-11 am \$50M \$55 NON

Sept. 28 Jan TBD

CPR & First Aid

Sat. 9am - Noon. \$70M • \$75 NON

Sept. 28 • Jan. TBD

Kid Classes

Karate

with Fred Channell

Fred has over 30 years of experience teaching Karate. The objective of UechiRyu Karate is to develop the child's physical capabilities to their greatest potential, exert the utmost degree of control over emotions & apply these skills toward positive pursuits and mental well-being.

Session I

Starts Sept. 12
(18 weeks)
\$288 M • \$342 NON
Thurs. 4:15-5:00 pm
(Ages 4-6)
Thurs. 5:00-6:00 pm
(Ages 6-12)



Session II

Starts Jan. 30
(18 weeks)
\$288 M • \$342 NON
Thurs. 4:15-5:00 pm
(Ages 4-6)
Thurs. 5:00-6:00 pm
(Ages 6-12)

Mom's Morning Out

Need time for holiday shopping? Each day involves free play, crafts, story time & outdoor play. Dec. 18, 19, 20 • 9am to 1pm • Ages 3-5 • \$60 per day
Bring a peanut-free snack & lunch.

Visit our website throughout the year for updates, special events and programs. From kids cooking classes to foreign language programs there's something for everyone at the South Shore Community Center.

southshorecommunitycenter.com

BIRTHDAY PARTIES

with Gymnastics Director, Ruthann Ardizzoni

The cost for all parties is \$225 for up to 16 children. Each additional child is \$10. A \$100 non-refundable deposit is required to secure a party spot. Sorry no verbal commitments are accepted. The children play for 1 hour on the gym equipment followed by 30 minutes in the Party Room for cake and ice cream. Parents provide the food and products.

Birthday Parties



Gym Dandy Parties for ages 1-5

Saturday 10:30 am,
12:30 or 2:30 pm



For that Special Event, Weddings, Bridal and Baby Showers, Graduation Parties and Holiday Family Festivities the gymnasium and conference rooms are available for rent.

Gymnasium
Saturday or Sunday
\$500

Bowling Alley Rentals
\$10 per person per hour
\$50 Security Deposit
\$25 per hour per attendant
**\$60 for additional use of
Sunshine Room**

Conference Room
Mon-Fri \$125
Sat or Sun \$175

All room rentals include tables and chairs.
Please call the main office at 781-383-0088 to reserve space.

Gym Dandy & Come Play with Ruthann Ardizzoni

Gym Dandy is designed to teach preschool children gross motor skills, hand-eye coordination, body awareness, flexibility, balance and rhythm. The tot-size equipment provides a safe and creative environment for children and parents to have fun. Each class is 45 minutes long. Children must be accompanied by adult. Missed classes may be made up within the current session. Ages: Crawling to 3+. **Sibling Discount:** ½ off Member or Non/Member price.

Session I (12 weeks) Starting Tues Sept. 17
9-9:45am, 9:45-10:30am, 10:30-11:15am
\$198 M • \$210 NON

Session II (10 weeks) Starting Tues Dec. 10
9-9:45am, 9:45-10:30am, 10:30-11:15am
\$165 M • \$175 NON

Session III (12 weeks) Starting Tues Mar. 10
9-9:45am, 9:45-10:30am, 10:30-11:15am
\$198 M • \$210 NON

No Classes: Dec. 18-Jan. 1, Feb. 17-21, Apr. 20-24

COME PLAY

Drop in with your child & explore tot-size equipment with Ruthann Ardizzoni. \$10 at the door. Each additional sibling \$5. Ages: Crawling to 4+. Every Wednesday 10-11am. Also, the following Fridays 10-11am: Oct. 11, Nov. 8, Dec. 13, Jan. 10, Feb. 14, Mar. 13, Apr. 17, May 8, June 5.

CIRCUS, CIRCUS

with Gymnastics Director, Ruthann Ardizzoni. Join Ruthann and staff for 3 days of fun on June 15, 16, 17, 2020. Children will participate in crafts & activities "circus" related. For boys and girls ages 3-6. 10-1pm. Children must bring a Peanut/Shellfish Free lunch, snack & drink. \$158 M • \$167 NON



Celebrating our 42nd year!

Ruthann Ardizzoni is a Member of the following organizations ~ USA Gymnastics~Gymnastic Judges Association ~ Baystate Games ~ CHS Varsity Team 1985-1999 ~Member of CHS Athletic Hall of Fame ~ CHMS 2001-2004-2005 ~ HHS Varsity Team 2002-2003 ~ CO/NOR Varsity 2009-2014 ~ Derby Summer Arts 1989-Present **Certifications:** Safe Sport ~ Skill Evaluator ~ Safety Certified ~ CPR/ First Aid ~ Meet Director & Fundamentals of Gymnastics ~ Volunteer 2013 American Cup, 2014 Senior Nationals Florida.

Session I

Monday	Sept. 16 (10 weeks)	\$175M • \$185 NON
Wednesday	Sept. 18 (11 weeks)	\$193M • \$205 NON
Thursday	Sept. 19 (10 weeks)	\$175M • \$185 NON

Gym, Sports, Games & More w/ Lunch (11:30-1pm)

Monday	Sept. 16 (10 weeks)	\$200M • \$210 NON
Friday	Sept. 20 (11 weeks)	\$220M • \$231 NON

Session II

Monday	Dec. 9 (9 weeks)	\$158M • \$167 NON
Wednesday	Dec. 11 (9 weeks)	\$158M • \$167 NON
Thursday	Dec. 12 (10 weeks)	\$175M • \$185 NON

Gym, Sports, Games & More w/Lunch (11:30-1pm)

Monday	Dec. 9 (9 weeks)	\$180 M • \$189 NON
Friday	Dec. 13 (10 weeks)	\$200 M • \$210 NON

Session III Preschool & All Morning classes

Monday	Mar. 9 (9 weeks)	\$158M • \$167 NON
Wednesday	Mar. 11 (10 weeks)	\$175M • \$185 NON
Thursday	Mar. 12 (10 weeks)	\$175M • \$185 NON

NO MORNING CLASS Monday March 30, 2020

Gym, Sports, Games & More w/Lunch (11:30-1pm)

Monday	Mar. 9 (9 weeks)	\$180 M • \$189 NON
Friday	Mar. 13 (9 weeks)	\$180 M • \$189 NON

Session III 4PM Classes & Later

Monday	Mar. 9 (11 weeks)	\$193M • \$205 NON
Wednesday	Mar. 11 (12 weeks)	\$210M • \$222 NON
Thursday	Mar. 12 (12 weeks)	\$210M • \$222 NON

**NO CLASSES: November 27 - November 29,
December 18-January 1 & February/April School
Vacation**

All Instructors are certified in CPR & First Aid

PROGRAM

The program consists of warm-ups, rotations on the beam, uneven bars, vault, floor exercises and conditioning. Class size is small & enrollment is limited.

ALL GYMNASTS MUST BE 3 YEARS OLD AND POTTY TRAINED BY SEPTEMBER 16, 2019. (NO PULL-UPS)

Registration is not complete until payment in full is received. (Visa, MC, Discover, AMEX, Check or Cash taken) Snow cancellations for classes held before 3PM will follow Cohasset Public Schools. For classes after 3PM, please call the SSCC Main Office & check the status at that time.



SSCC Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Little Dippers Boys & Girls Ages 24 mos -3.5yrs 9:15-11:15am***	Gym Dandy 9-9:45am	Come Play! 10-11am	Little Dippers Boys & Girls Ages 24 mos-3.5yrs 9:15-11:15am***	Discovery 9:30-11:30am
	Gym Dandy 9:45-10:30am			
	Gym Dandy 10:30-11:15am			
Gymnastics, Sports Games & More with Lunch Boys & Girls 3-5 11:30-1pm	Extended Day Options 11:00-1pm	Extended Day Options 11:00-1pm	Extended Day Options 11:00-1pm	Gymnastics, Sports Games & More with Lunch Boys & Girls 3-5 11:30-1pm
Power Hour 1-2pm	Power Hour 1-2pm	Power Hour 1-2pm	Power Hour 1-2pm	
Beginner / Intermediate Girls 5-7 4-5pm	TEAM 4-5:30pm	Beginner / Intermediate Girls 4-6 4-5pm	Beginner / Intermediate Girls 4-6 4-5pm	
Beginner / Intermediate Girls 7-13 5-6pm	TEAM 5:30-7:30pm	Beginner / Intermediate Girls 8-13 5-6pm	TEAM 5-6pm	
OPEN WORKOUT All Level Girls 9-17 Drop in/\$10 at door 6-7pm		TEAM 6-7:30pm	TEAM 6-7:30pm	

*** The SSCC is offering a "Little Dippers" program on Monday & Thursday from 9:15-11:15am. This program is suitable for boys & girls ages 24 months to 3.5 years of age. For more information, please call the main office at 781-383-0088.

TEAMS: For more information about Teams, please contact Ruthann Ardizzoni at 781-383-0088, ext 306.



The SSCC is proud to announce the following programs from the South Shore Conservatory.

Music Together

This class is for children ages zero to four with a caregiver. Children will often sing before they speak because music is a universal language that has the power to bring families & communities together in harmony. Come create a joyful musical environment through song, dance & rhythmic play & make playful connections to last a lifetime! Adults, regardless of musical ability, find it fun & easy to help create an environment that supports any child in achieving basic music competence. Children of mixed ages participate at their own level by singing, moving, listening & exploring instruments.

Music Sprouts

This class is for children ages three to five with a caretaker. Students build a strong foundation of basic music skills in this fun, interactive class. Through movement, singing, playing instruments & listening, students develop the ability to sing tunefully with accurate rhythm while also learning to focus, take turns & interact in a classroom setting. This is a wonderful prep class for drop off classes as well as preschool & Suzuki instruction. For more information about these classes or to register please call 781-749-7565 or visit www.sscmusic.org/classes_age_0-9.html

The Wood's School of Irish Dance

with Roseann Woods McKenna & her sister Peggy Woods Doherty.

The Wood's School is a very friendly & supportive atmosphere & offers students the opportunity to participate both individually & as a part of a team. We want children to dance for the love of dance, to smile & to have fun. Irish Dancing is a great sport. It builds strength, coordination & confidence. Every student decides what he/she wants from Irish Dancing whether it is a highly competitive sport or an activity that promotes physical fitness & friendship. We, as teachers, want to share our knowledge & love of Irish Dance with our parents & student & encourage them to work hard & have fun. For more information on class days & times or to register please call Rose at 617-268-0882 or by email at: woodsschool@comcast.net